

15 October 2010

Anxiety Disorders Association South East Inc. (ADASE)
P.O.Box 8130
Mt Gambier East
SA 5291.

Dear ADASE,

I have noticed an improvement in my wife's attitude to life and especially her ability to deal with life's challenges.

She has regained her confidence which has helped her to deal with our own personal relocation from South Australia to Queensland (which has included the selling of our home and the creation of our new home) and play the support role that is needed to our daughter and son-in-law.

The ADASE course has brought back the wife that I know:-

Cheerful

Confidant

Loving and especially the wonderful Mother that she has always been

Yours sincerely in appreciation.

Henry